

10

PLAY

CHALLENGES

**for big kids to read and play  
on their own!**

by Happily Ever Mom

[www.happilyevermom.com](http://www.happilyevermom.com)

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Cover by Katie Joiner

# STOP!

## READ THIS FIRST

- **KIDS:** While this is for YOU, always check with a grown up before doing these activities.
- **GROWN UPS:** While these challenges are written to kids, **supervision is *always* required.**

**Have fun & be safe!**

**~Katie**

# HOW TO USE YOUR CHALLENGE CARDS

**FIRST:** Print pages 11-18.

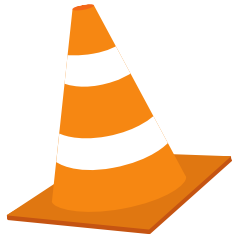
These are your challenge cards (including 4 blank challenge cards if you want to write in your own activities).

**\*If you can't print the challenge cards, that's ok! Just ask to read them from a device when you're ready to play.**

# CHALLENGE CARD POINTS!

SECONDLY: Check out the point system below.

**Kids, you can earn points for every activity that you *complete!***



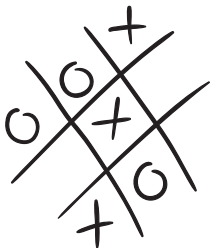
**20 pts for  
completed  
box design**



**5 pts for  
making &  
playing  
with thick  
liquid**



**10 pts for  
completing  
& running  
your own  
wow-stacle  
course**



**15 pts for  
making a  
chalk game  
board**



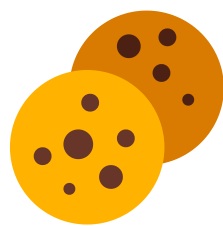
**10 pts for  
hitting  
water  
balloon  
targets**



**15 pts for  
playing a  
squishy  
sport**



**10 pts for  
making  
more than  
5 tasty  
shapes**



**5 pts for  
sharing  
your cake  
cookies  
with  
someone**



**20 pts for  
a clean car  
after  
shaving  
cream fun**

# GROWN UPS!

This is where you come in. You can use these points to make it fun to work toward a goal, like a treat or fun prize. You choose how to make it fun for your family!

Here's an example:

- 50 points = a popsicle
- 80 points = a scoop of ice cream
- **100 points = extra screen time!**

# SHOPPING LIST

**Here's what we suggest  
you have on hand:**

- Empty Boxes
- Tape
- Water balloons
- Shaving Cream
- Cornstarch
- Baking Soda
- Vinegar
- Chalk
- Paint
- Mini Marshmallows
- Toothpicks
- Box of cake mix
  - 2 Eggs
  - Vegetable Oil
  - Mix in's optional like chocolate chips, sprinkles, etc.

**OPTIONAL:  
(but, highly  
recommended ;))  
- popsicles  
-ice cream**

# READY TO PLAY!

## Here's the recap:

- **Supervision is always required**, so ask a grown up before you start a challenge.
- **Earn Points** when you complete a challenge.
- More points **earns a prize!**
- **Read/Print** your challenge cards below.
- **HAVE FUN!**



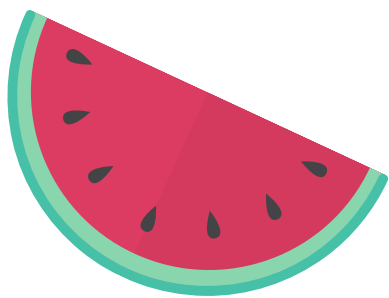
Welcome



to the



SUMMER



PLAY



Challenge!

**Will you complete all 10  
play challenges...?**

**Yes. You. CAN.**



# BOX CREATIONS

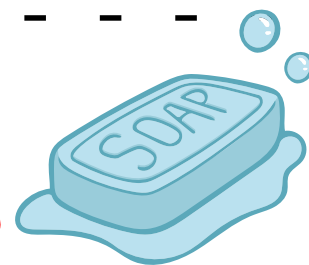
**CHALLENGE:** What building or place can you build with boxes?

What's your favorite place or building? Maybe it's your house, your neighborhood, an amusement park or even the Eiffle tower! Whatever you choose, try to make it with BOXES!

- Gather boxes, recyclables, and tape to build.
- When you're done, grab some paint or sharpies to add the finishing touches to your design!



# SHAVING WASH



**CHALLENGE:** Paint the car windows with shaving cream!

Gather your supplies: Shaving cream, paint brushes, car washing supplies.

- Ask a grown up if you can paint their car windows with shaving cream OR paint something like a slide, garage door, or something that's ok with your grown up.
- Points awarded for not only creative shaving cream designs but for washing the ENTIRE car when you're done!

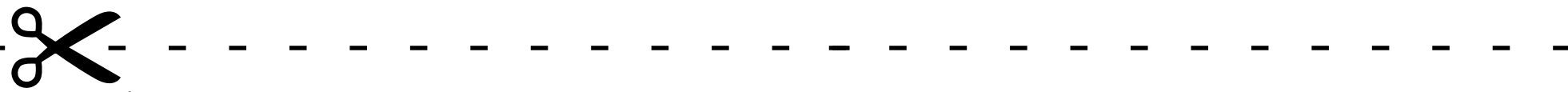
# DIY TARGETS

**CHALLENGE:** can you make your own water balloon targets??

First, ASK a parent or grownup where you can put up the targets.

- Draw chalk targets outside on a fence or draw targets on old paper bags to tape on your garage.

Fill water balloons with water and see how many targets you can hit!



## THICK LIQUID

**CHALLENGE:** Make goop from cornstarch and water!

Gather your supplies: cornstarch, water, and a bowl.

- Mix 1.5 cups cornstarch with 1 cup water (optional: throw in a packet of kool-aid for color!)
- It takes time and experimenting to get goop "just right." Mix until it feels right to YOU!
- Drizzle it on some plastic toys or trucks or try touching it with your feet. How does it feel?
- Be sure to have a bin of soapy water nearby to wash up!

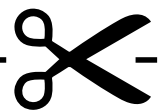


# TASTY SHAPES

**CHALLENGE:** how many tasty shapes can you build?

Gather your materials: small marshmallows (or playdough) and toothpicks.

- Build 2D shapes (like a triangle, square, or rectangle) and 3D shapes (like a pyramid or cube). How many shapes can you make?
- If you have a brother or sister, see who can make the **MOST** shapes!



## FIZZY MUD



**CHALLENGE:** can you make a fizzy mud pie??

Did you know that baking soda and vinegar **REACT** when you mix them together??

Gather: baking soda, vinegar, and **DIRT**.

- Mix dirt and sprinkle baking soda on top.
- Drizzle on some vinegar to see your mud pies **FIZZ**.
- How many fizzy pies can you make? Can you make them change color?? (hint: grab some food coloring!)

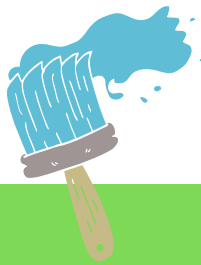
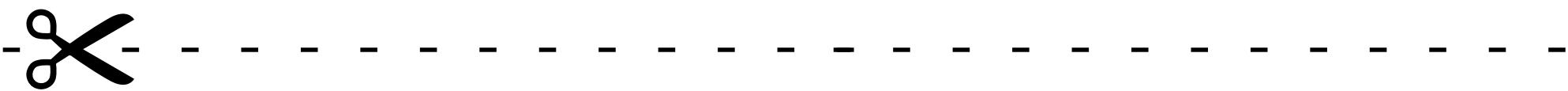
# WOW-STACLE-COURSE

CHALLENGE: can you build an EPIC obstacle course??



What can you use to make a your own, UNIQUE obstacle course?

- Draw an obstacle "plan" on paper to brainstorm.
- Then, decided what type of course you'll make: Heart pumping? Dizziest? Fastest? Slowest?
- Grab your plan, go outside and make each section of your course. Time to get creative!



## NEIGHBOR ROCKS

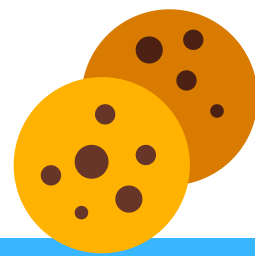
CHALLENGE: Make your neighborhood ROCK with rocks!

Grab some paper - it's time to plan!

Make a list of encouraging words of phrase to write on your rocks.

- Find some rocks in your yard that you can paint.
- Paint your rocks.
- When they dry, write your encouraging words or phrases with permanent marker or paint.
- Ask a grown up if you can walk around the block to place your rocks in your neighborhood.

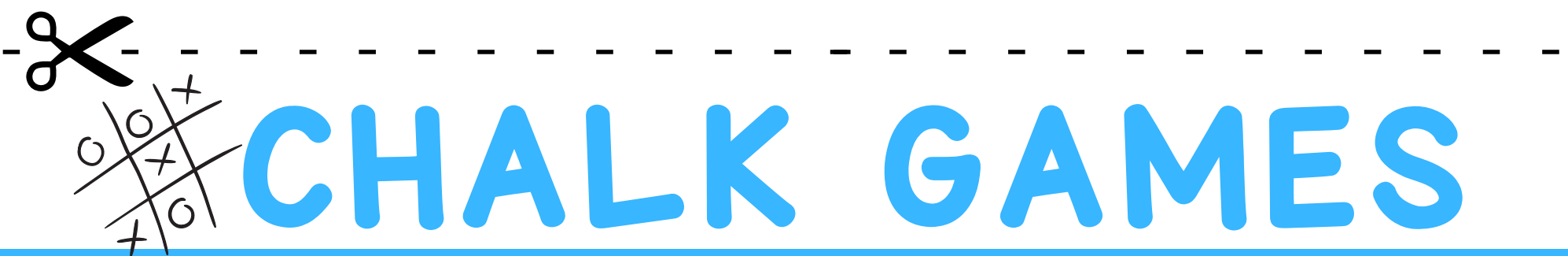
# CAKE COOKIES



**CHALLENGE:** Make cookies from a cake mix!

Did you know that you can make cookies with a box of cake mix?? Here's how:

- Mix 1 box of cake mix (if the box says 15 ounces add 1/4 cup of flour too), 2 eggs add 1/2 cup vegetable oil. Add any "add-ins" like chocolate chips, nuts, or sprinkles!!
- Bake at 350 for 9-10 minutes - share & ENJOY!



# CHALK GAMES

**CHALLENGE:** Can you make your favorite games with chalk?

Go outside and find a large space to draw with chalk like your driveway or sidewalk (double check that grown ups are okay with the spot you choose!)

- Choose your favorite games to draw like tic-tac-toe, dots & boxes, your own game board, word search, sudoku, hang man, or more.
- How many games can you draw?? Use nature materials (like rocks for "x's" and leaves for "o's") so you can play over and over again.

# SQUISHY SPORTS

CHALLENGE: Can you play your favorite sport with water??

What's your favorite sport to play?? Can you use water, sponges, water squirters, or water balloons to play the game instead?

- Play t-ball with water balloons, knock down bowling pins with water guns, or play hockey with frozen ice pucks!
- How will you play with water today??



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## POPPSICLE FLAG

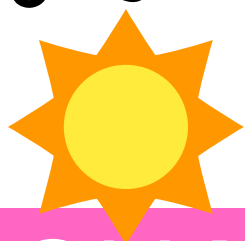
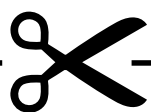
CHALLENGE: Make & hide a "flag" that gives you popsicles!

Whoever is playing, grab an old tee shirt or piece of material:

- Decorate your "flag" with drawings and your name . Then, HIDE IT. Hide it so it's extra top secret!
- Write three clues to help someone know where to look for your flag. Then, GO!
- Whoever finds a flag first gets first pick of a popsicle or treat!



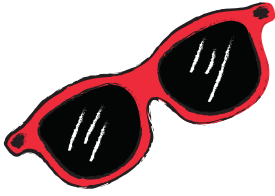
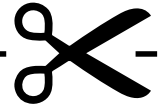
CHALLENGE:



CHALLENGE:



CHALLENGE:



CHALLENGE: